

PRAYERS FOR

Dr. Farah Saeed

27th DECEMBER 1986 - 8TH SEPTEMBER 2014



An amazing daughter, sister, wife, friend, doctor and teacher, who was diagnosed with gastric metastatic cancer.



thefst.weebly.com

The Farah Saeed trust is a non-profit voluntary organisation that was setup in April 2014. It aims to continue her legacy and make a positive difference.

Thank you to all who volunteered and supported over the years.

Memories is what is left and prayers is what connects.







Quotes from some of our supporters over the years.

I feel privileged to have been part of the journey with FST. Looking back at the events that we collaborated on it seems like such a fond memory but I will always remember the cause and the reason behind FST and will always be proud to have supported it and those who are behind FST who are dedicated to continue to benefit Farah in the hereafter.

> Name: Mahmuda Project Akhirah, Al Fikr, Islamic Help and now works for GRT.

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It was great collaborating with FST at Masjid Al Falaah. The sisters learnt alot. It was a fun loving environment and the work FST continue to do is still very inspiring. May Allah (swt) reward Farah highest of ranks in Jannah, Ameen.

Name: Shabnam from Masjid Al Falaah



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I have not helped out much at The Farah Saeed Trust but in the short time I helped in particular with broadcasting and sharing with others and making others aware of events and activities going on with this Trust it was good as i like to try and help others. This is a good trust as it not only tries to raise funds for registered charities; but it also likes to educate others on the way. May Allah always keep all that try to help with charity work and so on Insha'allah.

Name: Rayaan



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Friends on that Day will be enemies one to another, except al-Muttagoon (i.e. those who have Tagwah). [Qur'an 43:67]

The beauty of Islam, you can gain friendship with your kind and obedient friends until jannah. This is the spirit that I highly value from The Farah Saeed Trust and the intention behind it as an act of sadagah for a dear friend, sister Farah who passed away from Cancer.

I joined as one of the freelance writers in 2018, where I sent an article entitled "Help Them Catch Their Rainbow" about making a difference in the community from a spiritual and educational perspective. I chose the title sharing my experiences as a volunteer in teaching English and Mathematics to elementary students, in Jakarta, Indonesia.

The aim of Farah Saeed Trust is to inspire, educate and help global aid to support Humanity, Education, Health and Social Works. I met so many talented volunteers all over the globe. The past 3 years already has been an amazing experience for me where I will continue to support and share with the global citizens of the world. May Allah accept all the good deeds The Farah Saeed Trust ever done for this world. In sha Allah (if Allah wills).

Name: Asqarini Hasbi, a Poet and Writer







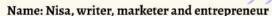
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Alhamdulilah, thank you Allah (The Most High) for giving me the chance to enter a big family like FST. I am so happy and grateful to be one of FST writers in 2019 and 2021.

I am blessed to meet the volunteers from around the world and how FST collaborates with different organisations doing charity events, help old folks and children etc. I pray all of these things will bring good deeds to late Farah like Sadaqa jariyah to her in Hereafter and all involved.

Al Fatihah (read) to late Farah, Siti Sarah, my grandparents, relatives and all whom not have in this world again. Jannah for you and ours too. Ameen





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I genuinely enjoyed volunteering for FST. As an immigrant, who left family and childhood memories behind, I usually find solace and healing in making connections with people across the globe. Volunteering, in general, instills the sense of giving without getting something back and loving without purpose. That's the highest form of love.

If you feel lonely, volunteer. It connects you to where you are. If you feel content, volunteer, it makes others feel like they belong.

If you feel sad, volunteer. It brings happiness to your heart.

If you feel happy, volunteer. It brings people together.

Thanks, FST, for helping me find peace and hidden blessings! Much love and God bless!



Name: Shama, Author, Writer and Chief Editor

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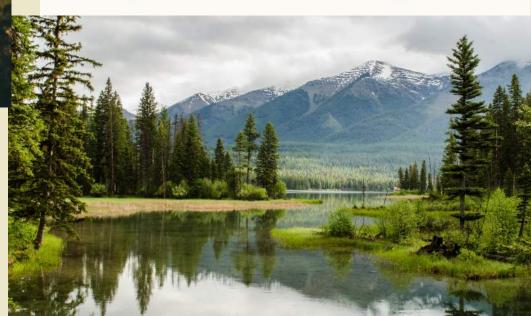
As we approach 8 years since the passing of our dear sister Farah (May Allah forgive her and be pleased with ner) it is so encouraging to know that her legacy lives on. Even in her death she is still touching the lives of the less fortunate and it shows the exemplary character that she was that friends and family and still doing good in her name.

I recall meeting her family and how determined they were to help others. I'm so grateful for their work as I was able to directly meet the beneficiaries they impacted. I visited Burma (Sittwe) and spoke to the Rohingya Muslims whose families had been mentally and physically tortured. I visited Cameroon where refugees had fled from nearby Central Africa Republic, meeting an 11 year old boy who whilst running running from the violence was pinned down in front of his family and had his arm completely severed from the elbow. And I was also able to meet orphans all over the globe who directed benefitted from the donations through FST.

Although these stories are harrowing, I firmly believe that these very same set of people will stand as witnesses and testify that at their time of need the donors and volunteers of FST came to their aid. On this day, our dear sister Farah Saeed will also be mentioned.

Name: Zaheer Khan, Director of Fundraising at Human Appeal.

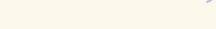
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Deenteenz were keen volunteers of FST, the charity work involved was enjoyed by the team. We pray that Farah and all of us involved in the ongoing charity are rewarded immensely Aameen.



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Name: Ameena from DeenTeenz





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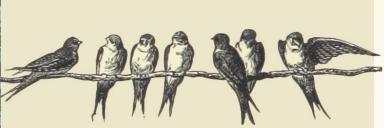
FST is most definitely a noble cause in dedication to a dear sister who returned to Allah. May Allah grant her with the highest ranks of Jannah. Ameen. Alhamdulillah, the collaboration of DeenTeenz with FST was a privilege- being able to teach our kids about sadaqah by having them involved in the fundraising events was very important for their development of our future generations!

Name: Shakila Zara from DeenTeenz



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Since I was a child, writing has been a lifelong passion of mine.

I was able to demonstrate my efforts in their annual write-ups thanks to the Farah Saeed Trust. In 2019, my first article was published in their e-magazine, which was about divorce. In the Holy Month of Ramadhan 2021, I had the honour of writing about two fascinating themes related to the month of fasting.

Working in a non-profit organisation myself, FST's vision, mission, and goal inspired me. The key is to make a positive difference, even if it is in the smallest possible way.

The e-magazine can be easily reached. It is imaginative and colourful. They introduce fresh magazine themes every year. In addition, the subjects provided by different writers make it more intriguing.

My heartfelt gratitude goes to the entire FST team who together work tirelessly to ensure the magazine's continued success and sadaqah jariyah for us all.

Name: Mrs. Nusayhah Aumeer Hosany, Instagram and Facebook page: A Committed Soul

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I am a passionate Art teacher and a freelance artist who was also a judge for The Farah Saeed Trust Art Competition during Ramadhan 2021.

Over the past twenty years, I have noticed something else pretty exciting; the greatest and most successful art teachers are passionate about art education.

I do not miss an opportunity in attending any competition related to art. It was a great opportunity with these budding fantastic art students.

"A passion for teaching is the number one most important thing in art education."

"This passion makes for positive, professional energy that is contagious to others."

Name: Samiha Akram, art teacher, freelance artist and Art judge

Thank you to all who volunteered and supported over the years.

"Allah (subhanahu wa ta'ala) said:

If you never felt pain or experienced problems, how would you know I'm the Healer?

If you never made a mistake, how would you know I'm the Forgiver?

If you were never hurt, how would you know I am the Comforter?

If your life was perfect, then why would you need Me?

[Hadith Qudsi]"



May Allah have mercy upon her soul

