

# *Little Farah Magazine*

COM  
PASSION

A FREE, ANNUAL MAGAZINE FOR KIDS AGED 5 TILL 16

**TRUE COMPASSION**

*Compassion for  
our parents.*

**Types of  
compassion**

**SHOWING  
COMPASSION IN THE  
SOCIETY.**

**What does it mean to be  
COMPASSIONATE?**



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# EDITORIAL

Salaam and peace to our young readers,

How are you all?

This year, our Chief Editor, Shama Farag thought about a theme for Little Farah magazine Issue 5 that is really important to plant and grow as we all become older and wiser.

Compassion.

*What is compassion?*

*How can we define compassion?*

*Is it being able to listen?*

*Is it being able to understand and share?*

*How can we express ourselves and articulate our emotions?*

Compassion is being able to foresee yourself in someone's position, be able to help and show kindness and action rather than just being empathic with the situation and showing feeling.

It could be someone close to you, for instance, a parent, friend, neighbour or a response to someone further away in a desperate situation.

Compassion could be a simple word and/or action.

*"Be kind, for everyone you meet is fighting a harder battle." Plato*

This year, we aim for the magazine to be more interactive allowing children to think and reason in different situations.

We hope you enjoy the range of articles and exercises with a balance of Islam, education and fun.

To participate in writing an article or provide feedback,

please email [thefarahsaeedtrust@hotmail.com](mailto:thefarahsaeedtrust@hotmail.com)






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# Islam



# True Compassion

*By Shama Farag*

A small family sat together to have dinner and before they started their meal, someone knocked on the door; the wife went to check who it was. It turned out that it was a street beggar asking for leftover food. When the wife came back to the dinner table and informed her husband about who was at the door, her husband said:

*“I’m not sacrificing our meal. Turn this loser away!”*

A few months later, following this encounter, the husband’s business failed miserably, and he could not take care of his family financially. As a result, he eventually divorced his wife. Life went on, and the lady remarried.

One day, the same scene reoccurred as the lady was having dinner with her second husband and the door knocked. The lady went to check who it was, and it was a beggar asking for leftovers. The husband told her to hand the beggar all they had for dinner, the wife did as she was told. But unlike last time, she came back to the dining room in shock and disbelief and she began to cry. The husband asked her what happened. Still in shock and disbelief, she said that the person who knocked on the door was her first husband!

Her husband smiled and said,

*“And I’m the man who begged for the remaining food a few years ago!”*

I heard this story at one of the learning circles where our scholar Sheikh Kishk highlighted how Allah (The Most High) is intriguingly creative in altering spaces, people, lives, and circumstances.

Our respected scholar by this simple yet harsh life lesson was trying to teach us how to be a qualified recipient of the divine mercy and compassion. Our scholar was trying to instill the concept of God's consciousness in us, and trying to help us to envision the idea of:

*“Whatever you do, comes back your way. Do better. Always!”*

It is crucially important to be aware that God Almighty is always watching and hearing even if no one else is paying attention. The believer is always in the position of being tested. So, a believer is encouraged to do better and check on his or her heart and deeds, no matter what. This Duniyah—this life—is a world for testing and not resting. The believers are tested always and in every way possible.

One of the many ways to best pass our tests is to go the extra mile and do better. Being compassionate can be a tool to pass the test successfully. If you avenge those who hurt you, withhold your help from those around you, take time to get back at those who were bad to you, allocate your energy to hold grudges to respond to every hurt and every slip of the mouth, now, where you get time to love, to remember God, to pray for forgiveness, or healing, or seek a higher spiritual rank, and a good place in the hereafter?

My friends, my sons, and my daughters let us remember that there are many ways to be compassionate. Let us follow the path of divine compassion and the prophetic example in providing compassion.

*But how?*



When the Prophet Mohammed (peace be upon him) was preaching amongst his companions, his grandson Al-Hussein once interrupted the meeting and tried to say something, the Prophet gave him his time. The kid was stuttering and for several minutes, he had trouble gathering his ideas and words altogether. It was getting awkward, and the adult attendees were trying not to notice, so it would not be hard for the child.

The Prophet waited for Al-Hussein until he finished what he was trying to communicate. So, he hugged his grandson passionately gave him a standing ovation, then said proudly:

*“He inherited his stuttering from his uncle, Prophet Musa!”*

Let us take a moment to reflect on how Prophet Mohammed (peace be upon him) was able to alter the perspectives of the attendees from awkwardness and empathy to respect and embracement by linking his grandson to a highly respected prophetic figure, Prophet Musa (peace be upon him), who is one of the most popular Prophets in the Quranic scripture.

Prophet Musa (peace be upon him) in the Quranic narrative was always portrayed as someone with strength, honesty, confidence, and courage. The prophetic compassion embodies a beautiful example of emotional intelligence, kindness, love for the vulnerable, and inclusiveness on many levels all at once. When we try to navigate the divine ethos of compassion, we can easily notice that Allah the Almighty has created a divine system to deal with His creatures based upon divine rewards.

All praise to Allah, The Almighty would reward the good deeds doers and warn that He would punish the sinful, but He Almighty is compassionate enough to make a simple act of kindness rewarded with countless rewards.

This, consequently would offer to make the divine reward multiplied in folds when the good deeds are done in secrecy, and graciously. He almighty ensures multiple rewards in divinely preferred times and seasons like during late night and the Holy month of Ramadan, Fridays, etc.

This is to teach us that pursuing goodness in secrecy is spiritually rewarding, and seeking divinely picked times teaches us truthfulness, sincerity and perseverance. The same prerequisites to be a truly compassionate person: Secrecy, sincerity, truthfulness, and persistence are your helpers. And as much as God is amazingly generous with good deed-doers. He Almighty condones and overlooks sins and bad deeds. He, the Supreme and Sublime, forgives and gives endless opportunities for sinners to expiate their sins through repentance, doing better, and seeking forgiveness.

He Almighty has different ways and levels of treating sinners and good deed-doers, but all are treated with outpouring divine love and compassion.

So, let it be that way in how we handle situations, let us praise the good in people, overlook the bad, go extra step to help those who sought our support if we were in a position of authority, be in favour of those who provided help to us if we were in a position of weakness.

Let us forget and forgive those who mistakenly wronged us, avoid those who were constantly hurting us, and ask the Almighty for help, guidance and enlightenment.

Let us be compassionate people always.

Let us seek Allah's help to be truly compassionate worshippers.

Let us check for compassion in our hearts, deeds, and words.

And finally, a whisper in your ear to remember to be compassionate,

***“Whatever you do, comes back your way. Do better. Always!”***

**Shama Farag is the chief editor of Little Farah Magazine for kids. She is a bilingual author who studied creative writing, digital storytelling techniques and writing for young readers at Wesleyan University.**

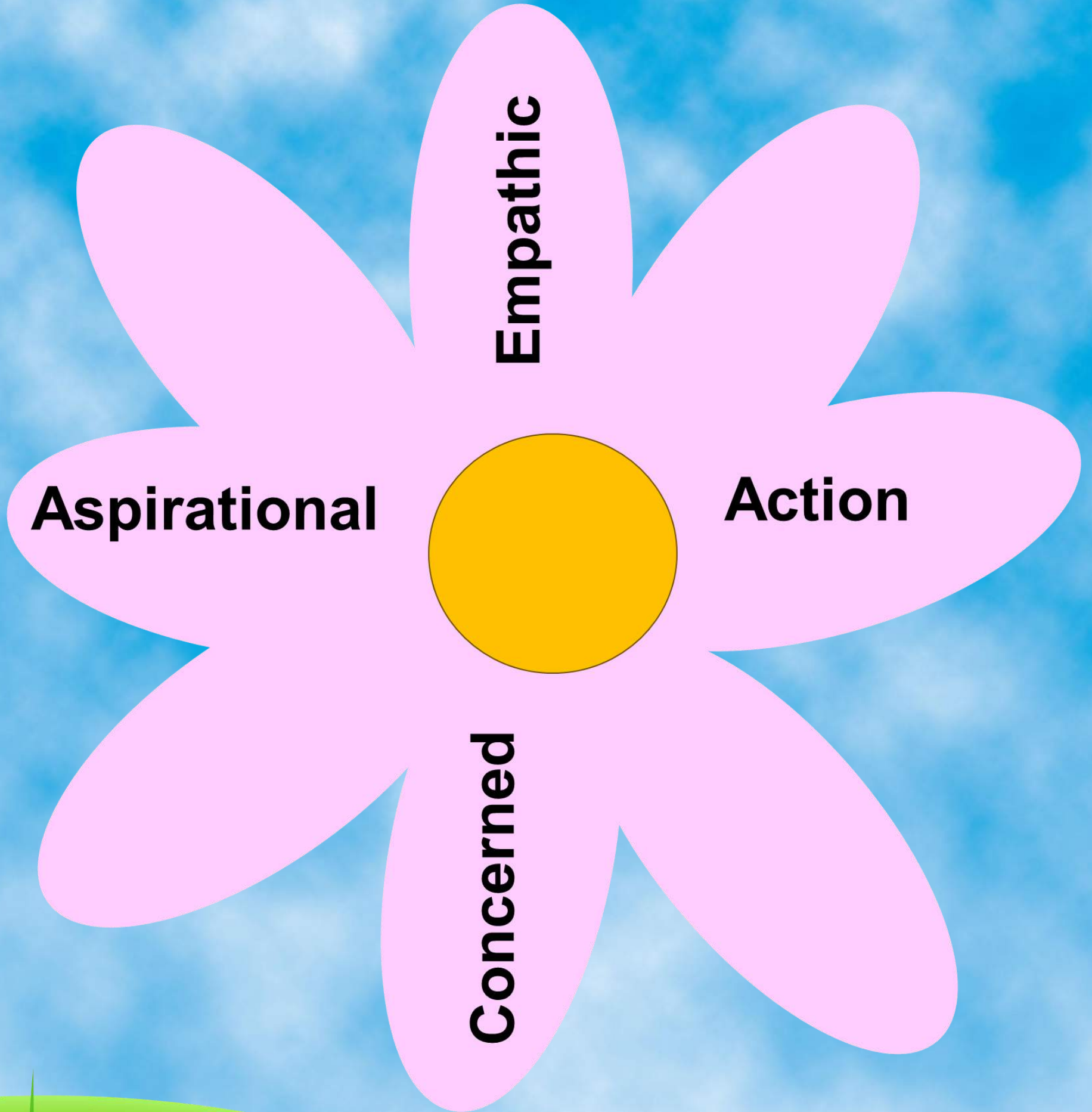
**In addition, Shama blogs for Aljazeera Arabic, Arabipost and authored children books, cookbooks and novels in both Arabic and English.**

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# Types of Compassion



# Types of Compassion

There are four types of compassion:

## *Empathic compassion*

Being able to feel what someone person is experiencing.

## *Action compassion*

How are you going to practically relieve it?

## *Concerned compassion*

To be concerned and emphasise the desire to relieve it.

## *Aspirational compassion*

What do you intend to do?

What are you inspired to do?

'Abdullah ibn Mughaffal reported that the Prophet (may Allah bless him and grant him peace) said,

"Allah is compassionate and loves compassion. He gives for compassion what He does not give for harshness."

حَدَّثَنَا مُوسَى، قَالَ: حَدَّثَنَا حَمَّادٌ، عَنْ حُمَيْدٍ، عَنِ الْحَسَنِ، عَنْ عَبْدِ اللَّهِ بْنِ مُعَقَّلٍ، عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: إِنَّ اللَّهَ رَفِيقٌ يُحِبُّ الرَّفْقَ، وَيُعْطِي عَلَيْهِ مَا لَا يُعْطِي عَلَى الْعُنْفِ.

[Sahih Al-Albani]

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# What Does Compassion Mean To Me?

*By Fatuma*

We often hear the word 'compassion' and more so as believers as one of Allah's favourite names for himself is the *Most Compassionate*, but do we understand what this word means?

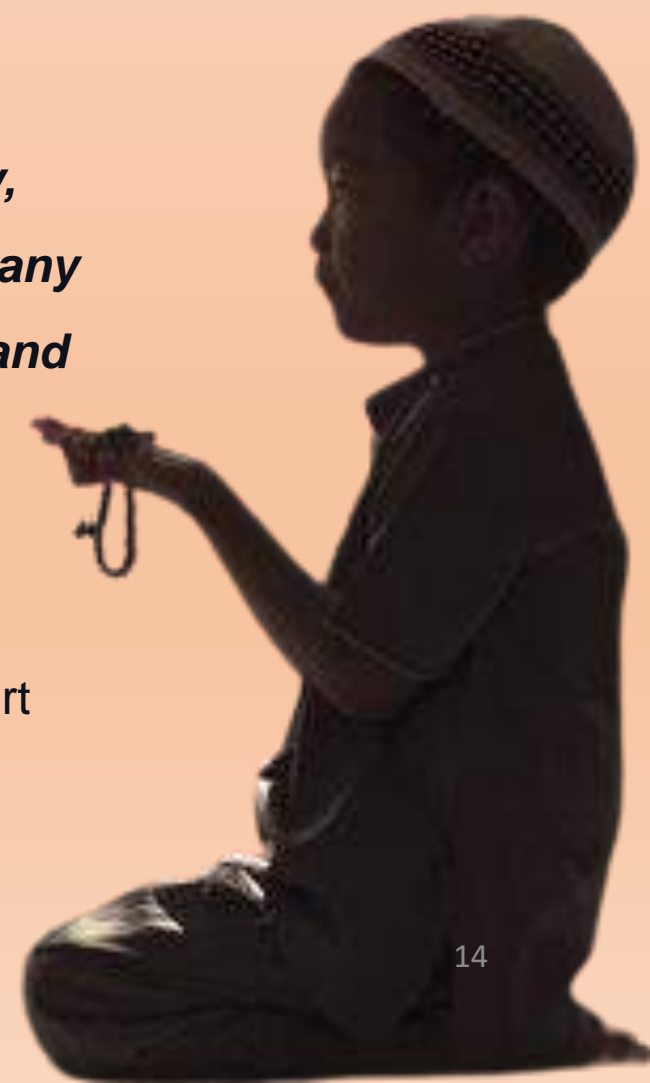
Our religion helps us understand difficult concepts with simple examples. However, it is our job to relate it to our lives and time period. Let us do this together now and try to understand the word compassion with the help of the examples given to us by Prophet Muhammed (peace be upon him)

Al-Nu'man ibn Bashir (may Allah be pleased with him) reported: The Messenger of Allah (peace and blessings be upon him,) said,

***“The parable of the believers in their affection, mercy, and compassion for each other is that of a body. When any limb aches, the whole body reacts with sleeplessness and fever.”***

[Sahih Al-Bukhari 6011, Muslim 2586]

Think about when you have a really bad toothache or you hurt your knees badly after a fall.



We have some pain receptors that send information to our brains for us to do something about the problem. Pain is a great motivator to find a solution. We look for some medicine, take care of that part of the body, pay attention to our every move or even go to hospital.

The same method should apply when our Muslim brothers and sisters are going through an extra difficult time - we try our best to find a solution to help them.

Compassion is feeling concerned for someone who is going through pain and this concern makes us want to try our best to help them. When we say Allah is the Most Compassionate to His creation, it is because we know He knows everything including our deepest pains.

*Who other than your Creator would know about your needs best?*

Allah's help comes to us through many forms but the best help was given to us as a book called the Quran as a guide to live with the least suffering.






The nature of this life is that everyone will feel pain at some point in their lives, whether it is emotional or physical. The only difference between people is whether we understand that pain is not our enemy but our friend because it helps us heal faster and grow stronger. But most importantly the best way to stop it is to follow Allah's guidance as He will guide us through the path that leads to the complete pain-free destination better known as *Jannah*.

***Fatuma graduated from university and has three children. She began her personal journal in 2015 that helped develop her deepest thoughts and feelings with confidence through consistent practice.***





***Compassion is  
our deepest  
nature. It arises  
from our  
interconnection  
with all things.***

***Jack Kornfield***



# Compassion of the Prophet (peace be upon him)

The Prophet (peace be upon him) was the best example of compassion. Through his speech, actions and mannerism, he was compassionate about taking care of all living organisms whether human, plant, animal or the whole environment itself. He treated the young and old, friend and foe, different religions with love and kindness.

*Why would we discuss the theme of compassion for children?*

As children go through schooling they are exposed to real-life situations.



***For instance, what would a child do if their peer had no pen to write with?***

***What would a child do when they saw their classmate fall on the field?***

***What would a child do if they saw a classmate sitting alone on lunch benches?***

***What would a child do if they saw their classmate bullied?***

**This is why we must learn about compassion and how the Prophet (peace be upon him) embodied this virtue.**

**Children can be shaped into righteous people with tenderness in their hearts, empathy in their eyes and consciousness in their minds.**



Once, the Prophet (peace be upon him) led the prayer and saw a child crying. He felt compassion for the mother who would be distressed because her child was crying, so he shortened the prayer.

This event narrated by Anas (may Allah have mercy upon him):

The Prophet (peace be upon him) said:

*“I commenced the prayer, and I intended to make it long, but I heard a child crying, so I cut my prayer short because of the distress I knew his mother would be feeling.”*

A Bedouin came to the Prophet (peace be upon him) and asked:

*‘Do you kiss your sons? For we do not kiss them.’*

He (peace be upon him) said:

*“What can I do for you when Allah (The Most High) has removed compassion from your heart?”*

[Bukhari and Muslim]



**Usamah ibn Zaid (may Allah be pleased with him) said:**

***Allah's Messenger used to put me on (one of) his thighs and put Al-Hasan ibn `Ali on his other thigh, and then embrace us and say, "O Allah! Please be merciful to them, as I am merciful to them."***

**[Al-Bukhari]**

**Anas ibn Malik (may Allah be pleased with him) said:**

***I never saw anyone more compassionate towards children than Allah's Messenger (peace and blessings be upon him). His son Ibrahim was in the care of a wet nurse in the hills around Madinah. He would go there, and we would go with him, and he would enter the house, pick up his son and kiss him, then come back.***

**[Muslim]**

**The Prophet was not only nice to his children and grandchildren but all children.**



The Prophet (peace be upon him) would allow children to ride on his camel. This practice is what inspired children to love him and love each other. This was a condition of faith.

Abu Musa al-Ash'ari (may Allah have mercy upon him) narrated from the Prophet (peace be upon him):

*“You will not believe until you have compassion towards one another.”*

They said:

*‘O Messenger of Allah (peace be upon him), all of us are compassionate.’*

He (peace be upon him) said:

*“It is not the compassion of any one of you towards his friend, but it is compassion towards all people and compassion towards the common folk.”*

[Al-Tabarani]



سنة رسول الله  
صلى الله عليه وسلم  
الحمد لله



# Compassion for our Parents

Our parents are the focal point of our lives and our beautiful religion, Islam, shows the importance of these wonderful figures in our lives.

When trying to explain to youngsters about compassion for parents, it is very hard to describe in words, but it is more compassionate when we visualize and experience the love they give, no matter how old we are and no matter how old we get.

*Who cares for us when we are unwell?*

*Who hugs us when we become sad?*

*Which person provides all our needs after Allah?*

**Our parents.**

**As our parents become older, we need to be more caring, patient and gentle.**

**They have worked so hard and made a considerable effort, and we can never repay them, regardless of what we do or what we say.**



# Compassion for our Parents

The Messenger of Allah (peace be upon him and his family) said:

***“Every righteous child who casts a look of mercy and affection upon his parents shall be granted, for every look of his, rewards equivalent to that of an accepted Hajj.”***

[Biharul Anwar, Volume 74, Page 73]

***And lower to them the wing of humility out of mercy and say, “My Lord, have mercy upon them as they brought me up [when I was] small.”***

[Surah Al-Isra (The Night Journey) 24]

# Compassion for Nature

We are surrounded by nature, the garden, park and in every environment.

Animals are an extinguished part of the biosystem and should be treated with respect and care. Some animals are domesticated and can live with humans, for example, cats, fish, rabbits and guinea pigs.

Outside homes, dogs are allowed. If one lives on the farm, they are more exposed to other animals too like chickens, cows, sheep, horses and ducks.

A group of Companions were once on a journey with the Prophet, may Allah bless him and grant him peace, and he left them for a while. During his absence, they saw a bird with its two young, and they took the young ones from the nest.

The mother bird was circling above in the air, beating its wings in grief period, when the Prophet came back. He asked, *'Who has hurt the feelings of this bird by taking its young? Return them to her.'*

[Sahih Muslim]

*"A good deed done to an animal is like a good deed done to a human being, while an act of cruelty to an animal is as bad as cruelty to a human being."*

[Mishkat al-Masabih]





A tree stump and  
a human fingerprint.



We are nature.

| TheMindsJournal





# A man walking in the park

Once upon a time, a man was at the park and while walking he suddenly heard a cat screaming near the bushes. He looked toward it and found that the cat feet were stuck in the mud. Even when the man tried to help the cat offering help. The cat scratched his hands.

The cat became more frightened whenever the man tried to get closer.

The man screamed out of pain but did not give up.

Another man was walking by and saw what happened and told the helper that the cat would be okay and would find a way.

The man who decided to help continued helping until the cat was able to get out.

When the helper pulled out the cat successfully, he turned toward the other man and said:





***‘The cat is merely an animal and its nature to scratch and attack, but I am human and my nature is to be compassionate and kind.’***

## **Moral of the story**

***All animals are part of nature and should be treated with care. Treat everyone like how you wish to be treated.***

**Please share your thoughts on this story...**

# Compassion for poverty



Poverty is not the one with a lack of money but the one with a lack of vision, mission and purpose.

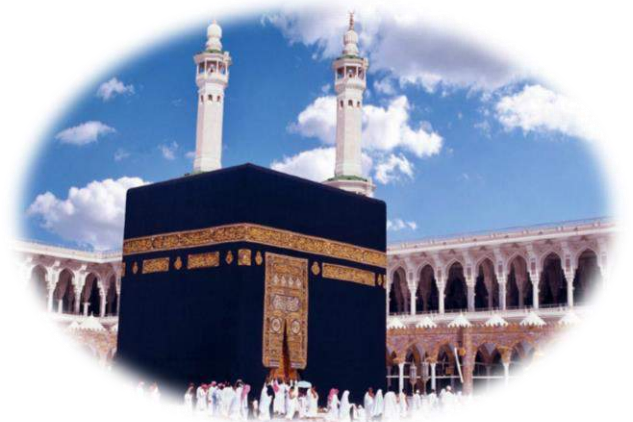
***How many of you have seen people in developing countries smile because they have the basic needs of clean water, food, shelter and safety?***

We have so much to be grateful for and give thanks.

Be a helping hand and try to participate in doing charity work no matter how small.

There is evidence from the Quran and Sunnah:

***"(O Prophet!) Tell those of My servants who believe that they should establish Prayer and spend out of what We have provided them with, both secretly and openly before there arrives the Day when there will be no bargaining, nor any mutual befriending."***



[Surah Ibrahim, 14:31]

Narrated Hakim bin Hizam that the Prophet Muhammad (peace and blessings be upon him) said:

***"The upper hand is better than the lower hand (i.e. he who gives in charity is better than him who takes it). One should start giving first to his dependents. And the best object of charity is that which is given by a wealthy person (from the money which is left after his expenses). And whoever abstains from asking others for financial help, Allah will give him and save him from asking others, Allah will make him self-sufficient. "***

[Hadith, Al-Bukhari]

Abu Huraira related that the Prophet (peace and blessings be upon him) said:

***"He who makes a habit of asking from others reaches out for a brand of Fire, so let him refrain or continue, as he desires."***

[Hadith, Muslim]



Poverty is not an accident.  
Like slavery and apartheid,  
it is man-made and  
can be removed by  
the actions of  
human beings.



- Nelson Mandela

# Cerpen Anak Religi: Ceritaku

*By Asqarini Hasbi*

There are so many challenges you might face when you start writing short stories for children. One of the challenges is to write simply for the reader's age but also deliver positive messages about societal ethics and moral values.

Last year, I was interested in writing short stories for children in the Indonesian and English languages.

One of the many reasons I thought about the project is the joy and pleasure that I will certainly feel when I am reminded of these beautiful memories of my childhood playing and interacting with my friends in the neighbourhood and school.

The short story was titled as "*The Last Firework*" in this book "*Ceritaku/My Story*" and inspired by my own experience with a spark of imagination while stressing moral values.

The book was authored by 19 writers from all regions and provinces in Indonesia. This book is a popular reference if you are looking for books to read for your children.

Feel free to purchase your copy and you will get a mesmerizing cute key chain for free.

The offer applies only in Bahasa Indonesia.





# Cerpen Anak Religi: Ceritaku

*By Asqarini Hasbi*

Menulis cerita anak banyak sekali tantangannya, di satu sisi cerpen anak harus ditulis dengan bahasa sederhana (sesuai usia target pembaca) namun penulis juga diharapkan mampu mensisipkan nilai etika & budaya positif. Itulah alasan mengapa dalam setahun belakangan saya tertarik menulis cerita anak dalam bahasa Indonesia/Inggris.

Di sisi lain, menulis cerita anak juga menyenangkan karena diberikan kesempatan untuk mengingat & menggali kembali kenangan/memori masa kecil saya dahulu yang bisa dibilang cukup seru dan penuh dengan kebahagiaan, berinteraksi dengan teman-teman di lingkungan rumah/sekolah.

Cerpen berjudul "Kembang Api Terakhir" dalam buku Antologi Cerpen Anak Religi "Ceritaku" terinspirasi dari pengalaman masa kecil saya ditambah dengan sedikit imajinasi namun tetap sarat makna.

Ditulis bersama dengan 19 penulis dari seluruh Indonesia ini, buku ini layak menjadi bahan referensi bacaan anak yang bermanfaat.

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# *Education*



# Teaching Children to Understand Self-love & Compassion

*By Asqarini Hasbi*

After Covid-19, people were more aware of mental health issues. Most people after this crisis still have not had enough time to really cope with it. A very deep, personal, and reflective situation that they have experienced during the lockdown.

When we discuss mental health, it comes down to the concept of self-love and compassion. Having that ultimate attitude does not come all of a sudden. It takes awareness and constant practice to be comfortable and get used to that mindset.

A good way to start is to have this concept instilled at a very young age. Here are several things we can do to teach children how to build self-love and compassion.

## **1. Teach children to value their worth.**

It is essential to make sure that our children understand their worth. We are all equal, no one should feel superior or inferior towards others. It is not based on what others consider us to be an individual, but it comes from within. Teach the young generation to be able to embrace their insecurities and see it as another opportunity to grow.

Teach children to understand that “putting yourself first as a priority” is not an act of selfishness, it is self-love and compassion.

Having a solid understanding of this will help children to know how to respond to anyone who may try to underestimate them.

# Teaching Children to Understand Self-love & Compassion

*By Asqarini Hasbi*

## **2. Teach children to set boundaries.**

One of the significant parts of having self-love and compassion is teaching children to be able to set boundaries (stating what they tolerate or not). Having discussions about their feelings will help children develop empathy and understand how setting boundaries can be critical to helping them avoid mental health problems. Make children accountable to themselves by saying “Your happiness, is your responsibility” and never expect or depend on others for our own happiness.

## **3. Teach children that they are always loved.**

Parents should have clear ways of communicating the importance of expressing their love and affection to their children. Teach children to know that family is their best support system. If you have a warm, caring, and loving relationship with your children, these will help them to feel safe and secure. This sense of security is known as bonding. When your children feel secure, they are more likely to be happy and confident, and thus they will be able to handle conflict and anger wisely, which will shape their character to be more compassionate.

# Teaching Children to Understand Self-love & Compassion

*By Asqarini Hasbi*

## 4. Teach children to be kind to others.

Teach children to be kind, loving, and a caring person (towards themselves, others, and the world around them). Showing them direct examples of acts of kindness; like always smiling to others, saying nice words, sharing respect, sharing unconditional love, and being friendly. By having this kind of mindset and attitude, to become compassionate people and will receive genuine and abundant love from others.

Implementing these basic ways/ acts will help children to become a compassionate people in the future. Hopefully, they can also pass this to other people and young generations again in the future period.

### ***Biography***

Asqarini Hasbi, B.Sc. Founder Writing for Happiness. Earned her bachelor's degree in Mathematics at Universitas Negeri Jakarta, Indonesia. She has written a short stories' compilation "The Smiling Old Lady and The Rose Garden (English)", Poetry collection book 'The Crescent Heart (English)'. In her spare time, she is also a freelancer writer at The Farah Saeed Online Magazine – The United Kingdom and at online magazine-Kanvas Kids Magazine, Ireland.

# Tips On How To Be Compassionate To Yourself

Remember you are doing  
the best you can.

Don't be hard on yourself.

We all make mistakes, just  
learn from them.

Be happy with your  
achievements no matter how  
small.



# Tips On How To Be Compassionate To Yourself

Beauty fades, your  
personality lasts.

Always love and give.

Always remind yourself that  
you matter.

As long as you try that is  
what matters.



# Compassion To Those That Mistreat You



I think that offering compassion for those who mistreat us can be difficult for some.

It is always good to practice silence.

We always need to refer back to our role model, the Prophet (peace be upon him) who was patient and tolerant. However, when it comes to children, they must report any bullying to their parents to deal with the situation in the most civil way.

Here are three scenarios that form as a case-based learning style which you can discuss with your parents and or friends.

For each event, please write lessons you have learnt and think about the following:

- *How was compassion shown in each story?*
- *Why do you think compassion is shown?*
- *What would you do in this situation?*





# SCENARIO 1

Once there was a woman who threw rubbish on Prophet Muhammad (peace be upon him) whenever he walked passed her home. He would not respond nor show anger.

One day, she was not there and he asked her neighbour about her. He was informed that the woman was unwell and asked politely whether it is okay to visit her.

He entered the property, she was worried because she thought he came to take revenge. However, he assured her that he only came to see how she was doing and if he could help.

This melted the heart of the woman by his kindness and compassion. Through this action, she accepted Islam because of the greatness of the Prophet's character.

## Notes

# SCENARIO 2

Another event that showed compassion is during noon, the Prophet Muhammad (peace be upon him) would choose to rest under a small tree.

One of his enemies saw the Prophet Muhammad (peace be upon him) and thought about doing something evil. As he drew his sword, he asked the Prophet (peace be upon him)

*“Tell me who can help you now?”*

*“Allah”,* replied the Prophet with a calming assurance.

This frightened the man and his sword fell. The Prophet (peace be upon him) picked up the sword and asked the same question calmly:

*“Now, you tell me who is there to save you?”*

*“No one”* replied the enemy.

*“No, you are wrong, the same Allah will help you also,”* said the generous Prophet and let the enemy go free.

This man accepted Islam later on.

# SCENARIO 2

**Notes**

# SCENARIO 3

The Prophet (peace be upon him) travelled to the town of Taif where he thought he would be more respected by the people of Taif than the people of Makkah. However, a campaign was set against him where he was ridiculed and the people of Taif encouraged the children to throw stones at him and the Prophet was wounded in the process.

He sat under a tree near a garden that belonged to two wealthy chiefs in Quraish: Atabah and Shaibah. He raised his face towards the sky and made the following prayer:

*"O Almighty! I raise unto you, my complaint for my weakness, my helplessness, and for the ridicule to which I have been subjected. O Merciful! You are the Master of all oppressed people, You are my God! So to whom would You consign me? To the strangers who would ill-treat me, or to the enemies who have an upper hand over me? If whatever has befallen me is not because of Your wrath, then I fear not. No doubt, the field of Your security and care is wide enough for me. I seek refuge in Your light which illuminates the darkness and straightens the affairs of this world and hereafter, that Your displeasure and wrath may not descend upon me. For the sake of Your pleasure, I remain pleased and resigned to my fate. No change in this world occurs without Your Will."*

Atabah and Shaibah were compassionate and asked their servant to give him a plate that had grapes

*"Take this to that man under the tree"* picked the grapes and said:

*"Bismillah AIRahman AIRaheem"*

(In the Name of God, the Most Merciful, the Most Compassionate).

Adaas was impressed by this unique introduction of showing compassion and attitude towards the Almighty despite the calamities and trials faced.

# SCENARIO 3

*"Who are you?" Adaas asked.*

Prophet Muhammad (peace be upon him) replied

*"I am the Prophet of God. Where do you come from?"*

The servant said: *"I am Adaas, a Christian. I come from Nainava."*

*"Nainava? You come from a place where my brother Yunus bin Mati (Jonah son of Mati) lived,"* The Prophet (peace be upon him) said

This shocked Adaas who then asked

*"What do you know of Yunus? Here no one seems to know him. Even in Nainava there were hardly ten people who knew his father's name."*

The Prophet (peace be upon him)

*"Yes, I know him because just like me, he was a Prophet of Almighty God."*

Adaas fell on his knees, kissed the hands of the Prophet (peace be upon him) and embraced him.

Then after, The Prophet (peace be upon him) was approached by Angel Jibrail and was asked whether Jibrail should bury the city between the two mountains.

However, the Prophet was compassionate for the young children and had hope that eventually they might accept the Truth.

# SCENARIO 3

**Notes**

**A space to write further notes.**

A large, empty rounded rectangular box with an orange border, intended for writing notes. The box is centered on the page and occupies most of the vertical space below the header.

Please write a list of key words you don't understand and find out their meaning.

<u>Word</u>	<u>Meaning</u>





**Please write the antonyms for the following words:**

**An antonym is the opposite meaning of the word.**

<u>Word</u>	<u>Meaning</u>
<b>Anger</b>	
<b>Compassionate</b>	
<b>Embraced</b>	
<b>Calm</b>	
<b>Assured</b>	
<b>Kindness</b>	
<b>Pleasure</b>	
<b>Ridiculed</b>	
<b>Astonished</b>	
<b>Calamity</b>	
<b>Enemy</b>	
<b>Darkness</b>	

# Sahabat Ozon

A short story anthology for children.

Always tap into your childhood memories to get ideas for writing short stories for children. You will find many amazing adventures you had back then and use your imagination to narrate your story on paper.

Sahabat Ozon is a short story anthology for children that shares a theme related to the environment and conservation of nature.

It is available only in the Indonesian language.

Selalu kembali kepada memori masa kecil untuk mendapatkan ide menulis cerpen anak. Saat Anda menggunakan metode tersebut Anda akan menemukan banyak petualangan yang menakjubkan di masa lalu dan Anda dapat menggunakan imajinasi Anda untuk menuliskannya di selembar kertas.

Sahabat Ozon adalah antologi cerpen anak yang menyajikan tema terkait konservasi lingkungan.

Hanya tersedia dalam bahasa Indonesia.

# SAHABAT OZON

Apa yang terjadi jika lingkungan di sekitar kita rusak dan kotor?  
Pernahkah kamu membayangkan bencana yang mungkin datang?  
Apa yang bisa kamu lakukan untuk menjaga alam sekitar?  
Yuk, kita menjelajah alam dan menjadi bagian dari superhero  
alam dengan membaca cerita-cerita seru dalam buku ini! Kamu  
juga bisa mewarnai gambar di dalamnya, lho! Ada juga jendela  
info yang akan menambah wawasanmu mengenai alam.  
Saatnya kalian menjadi superhero alami!

## Penulis:

Wahyu Setyorini – Dessy Nuzulensi – Pritta Biasanti  
Dian-Nurhadiyanti Sunaryo – MomZakeeAbee – Alisha  
Tutik Purwanti Reny Setyowati – F briyanti DS – Ati Mulia  
Dian Onasis – Vhina D – Ikrima Adawiyah – Annisa Isti Nugraheni  
Femmy Dwi Cahyani – Siti Murwati – vNur Laesiyah Fitriyanti  
Zarqa Mikayla Alziqra – Lidya Rosy R. – Sholikhah Ikah – Wulan  
Lilik Fitriani – Renata S. Sadjad – Wiwin Suwiani  
Amella Rosliani – Betty Sumartini – Tria Yuanita – Mila Alatas  
Siti Sulhiyah – Asqarini Hasbi

# SAHABAT OZON

Kumpulan Cerita Anak  
Pembentuk Karakter Peduli Lingkungan

UNTUK USIA 6+

Dilengkapi lembar mewarnai  
Dilengkapi Jendela Info Sains

SAHABAT  
OZON



Wahyu Setyorini dan Tim WIN (Wong Indonesia Nulis)

# A Great Summer Break

A Great Summer Break is an English Anthology of children's short stories/articles written by 35 children, adolescents and adult writers.

My personal interest in writing short stories for children became my biggest motivation to enter this book writing project by mid-year 2021, with almost a year in the process (editing and printing).

A heartwarming moment to know your story was displayed. I was profound in the simplicity of the children's way of thinking on how to write a short story. Although I once felt confident to write one, I forced myself to join the event and tried my best to overcome my Writing block challenges.

Yet, the encouragement I received from the mentor Miss Lala Elmira, the Founder/Mentor of One Day To Write, has driven me to take the chance as I discovered my AHA! moment of finding the ideas to write. "You never knew that your childhood experiences could be one of the most valuable resources to write a short story.



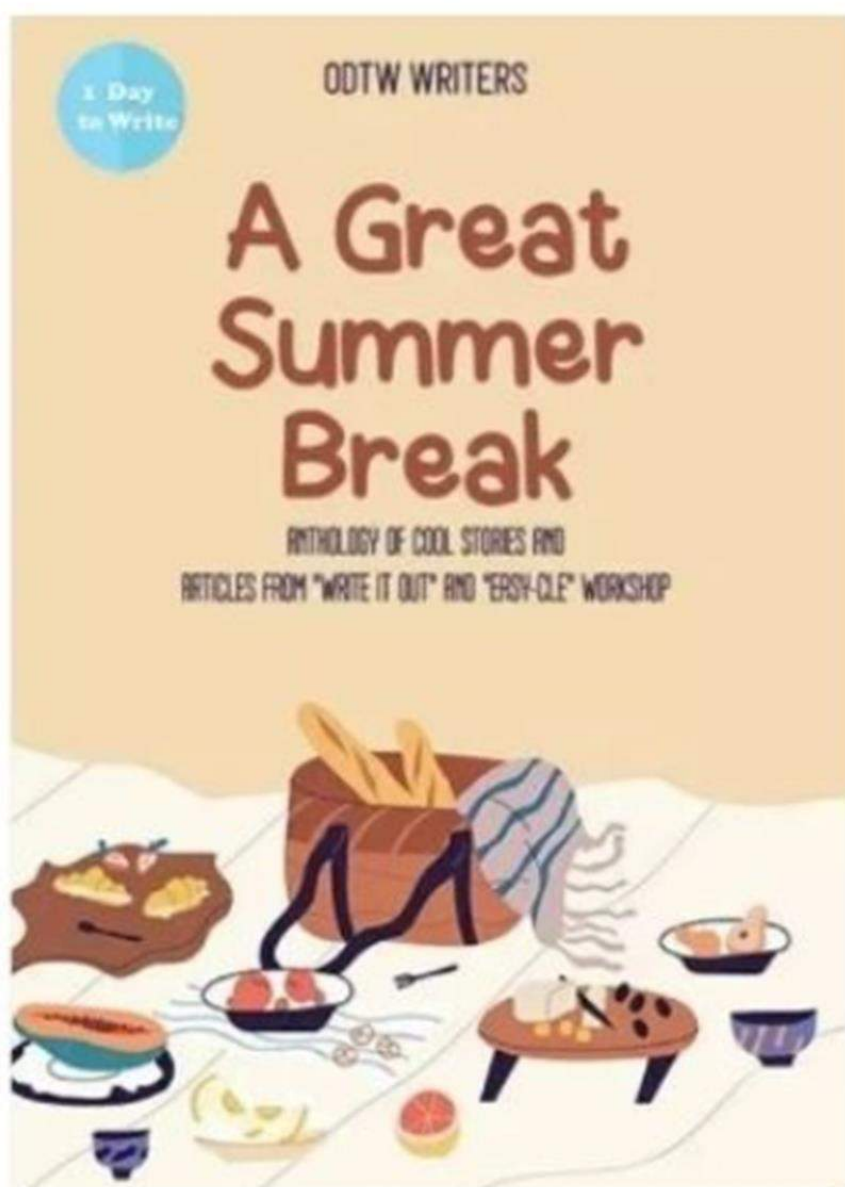
This is just one of the plenty of methods you can do to get inspired.

Please check my short story on pages 100-103.

The price for the book is IDR 65.000.

For more information on how to purchase this book send me a DM, on Facebook or Instagram.

Have a lovely and splendid journey reading this book anthology titled " *A Great Summer Break*".



# Short Stories Anthology For Children

by 33 Adults &  
Children writers

# A Great Summer Break

# Practicing Compassion In Healthcare



A healthcare professional is a person who has studied and trained to provide the necessary care and needs to support a patient. For example, some healthcare professionals look for the cause of why the patient is unwell, perform tests and procedures and treat or prevent the illness or injury. Some healthcare professionals are involved in research and try to improve the current methods and treatments.

To practice healthcare in hospital, it requires your mind and heart to be compassionate towards your patients, relatives and those you work with. Quality care, delivery and service are important. Treating patients just like you wish to be treated if you were unwell when you go to a GP practice or hospital.

To be a compassionate healthcare professional, having good communication skills is key because the patient will feel he or she is listened to and understood. It will build trust and increase the likelihood of coming there to seek assistance and listen to their doctors' advice. It will also help you by improving the healthcare professional's well-being, and commitment and increase positive thoughts.



# Showing Compassion In The Society

A society combines people from different walks of life: race, ethnicity and religion. To increase the bonding with one another is to respect differences, consider other people's feelings, and prevent them from feeling sad by being kind, fair, caring, warm and helpful. Other aspects are respecting privacy, giving positive hope, offering guidance and forgiving.

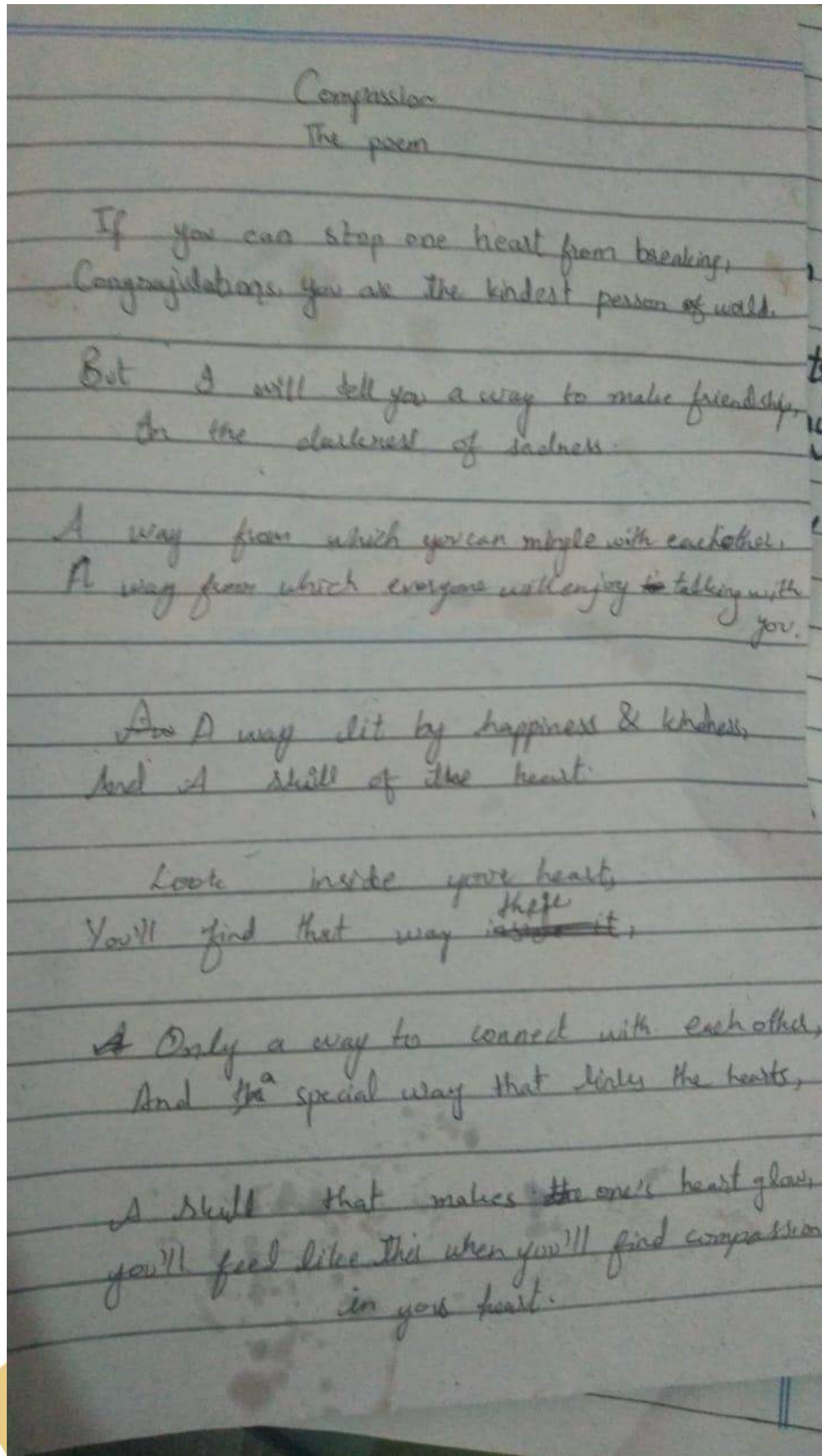
*"There is no superiority for an Arab over a non-Arab, nor for a non-Arab over an Arab. Neither is the white superior over the black, nor is the black superior over the white -- except by piety."*

***Prophet Muhammad (peace be upon him)***



# A poem on Compassion

Esha 12 years old





# **A poem on Compassion**

*Esha 12 years old*

If you can stop one heart from breaking, congratulations you are the kindest person of the world.

But I will tell you a way to make friendship in the darkness,

A way from which you can mingle with each other,

A way from which everyone will enjoy talking with you.

A way lit by happiness and kindness,

And a skill of the heart.

Look inside your heart,

You'll find that way there.

Only a way to connect with each other,

And a special way that links the hearts.

# Pollution

A pollution is when a harmful substance cause damage to an environment.

Please have a look at this image

***What animals or living things live in the habitat?***

***What is this habitat?***

***What is wrong with the image?***

***How will it affect the habitat?***



Notes



# Tips To Look After The Environment

Suggest ways in how we can improve the environment and show compassion.





# Write a Story Or a Cartoon Script on Compassion.

## **Beginning/Start**

- *When did it take place?*
- *Where did it take place?*
- *Describe the location*
- *Atmosphere?*
- *What are the characters names?*
- *How are their personality like?*
- *How are they related?*

## **Main body**

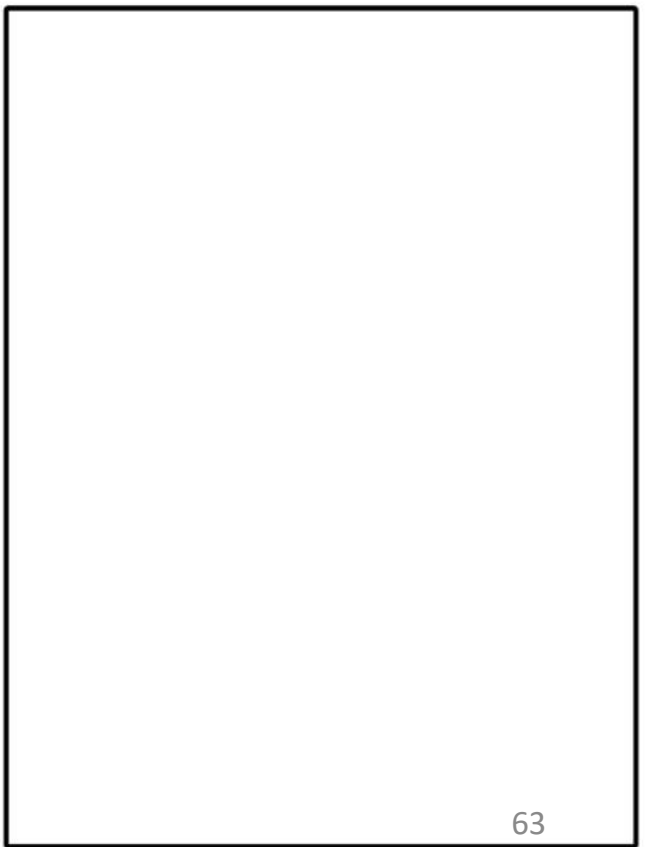
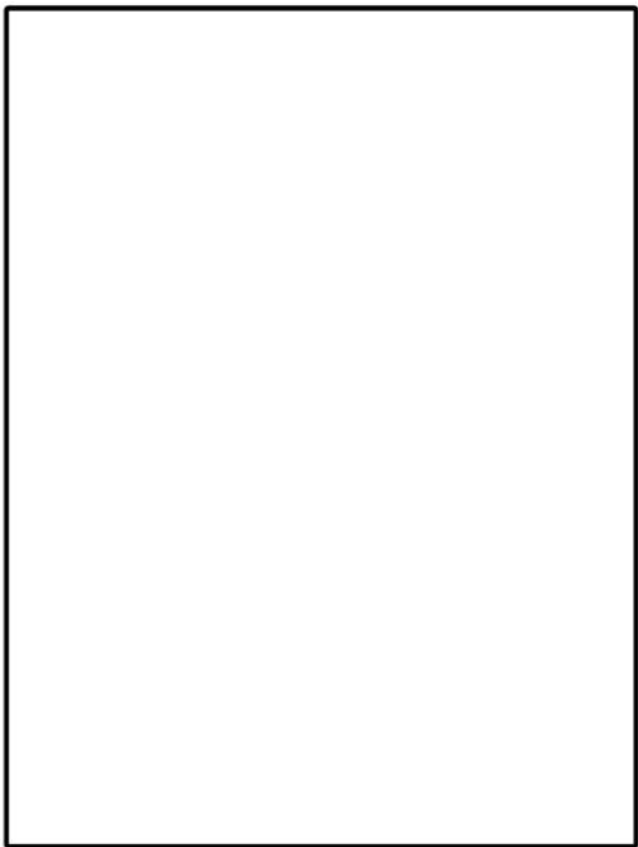
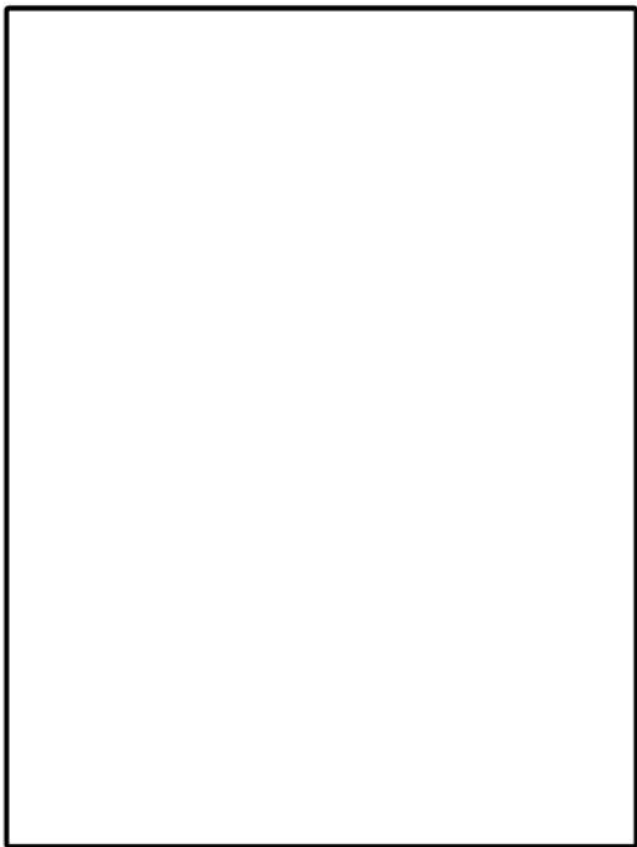
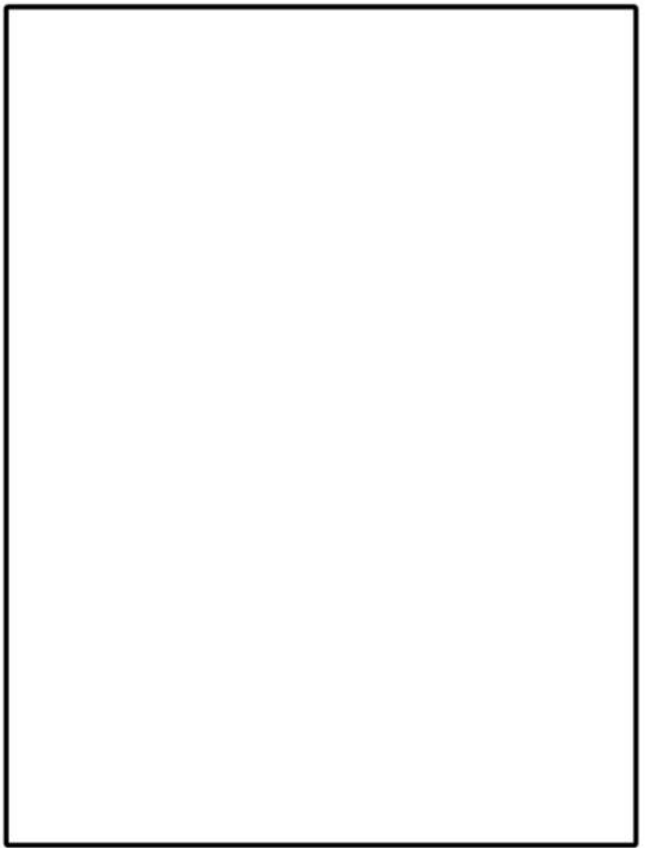
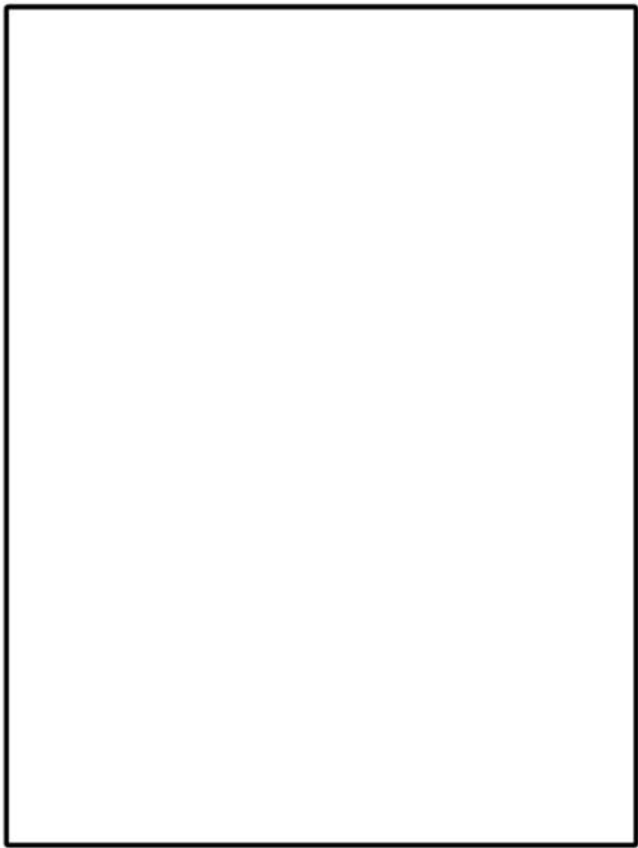
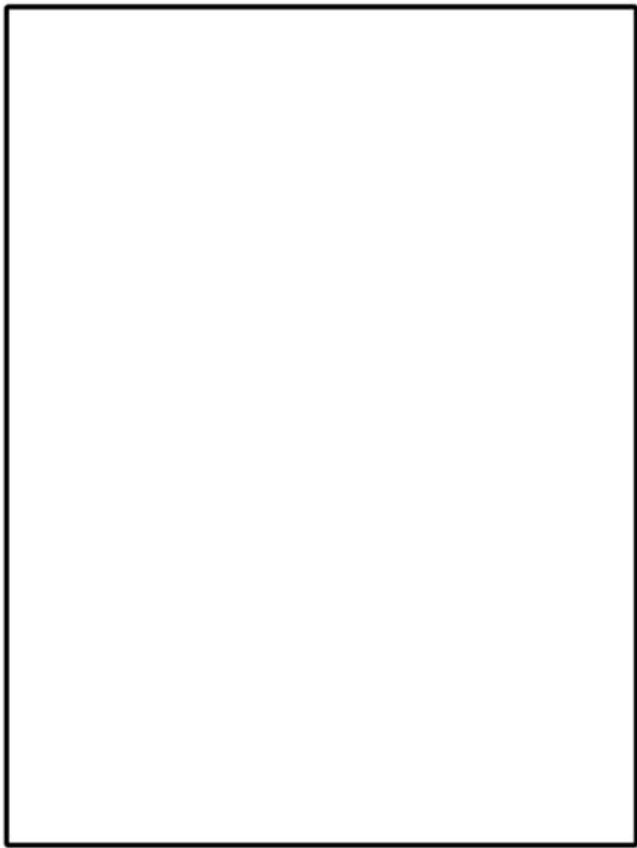
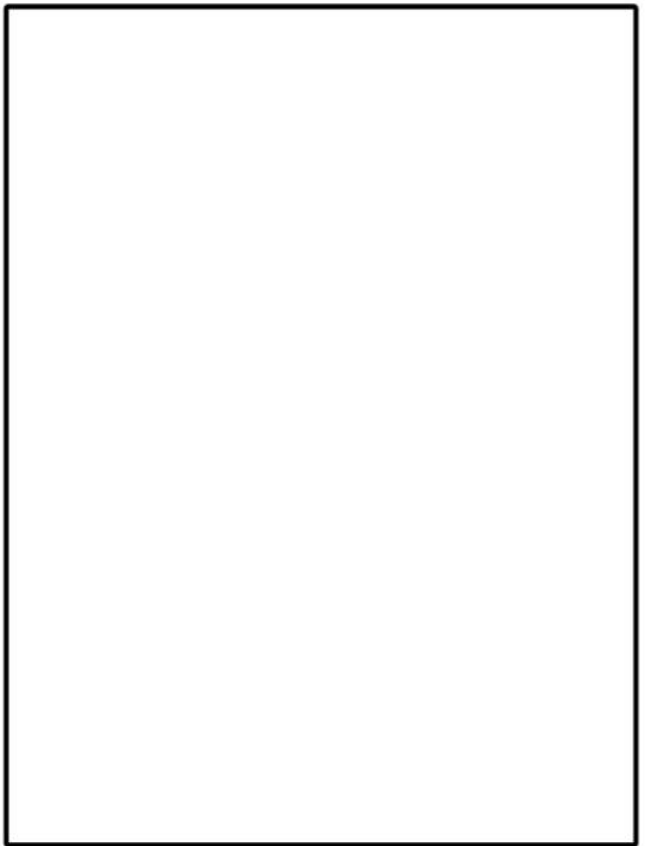
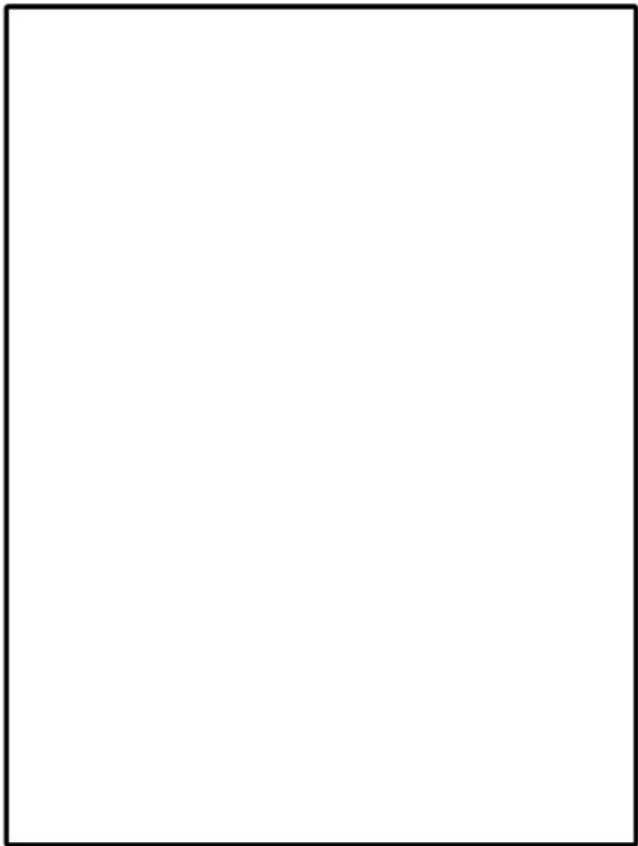
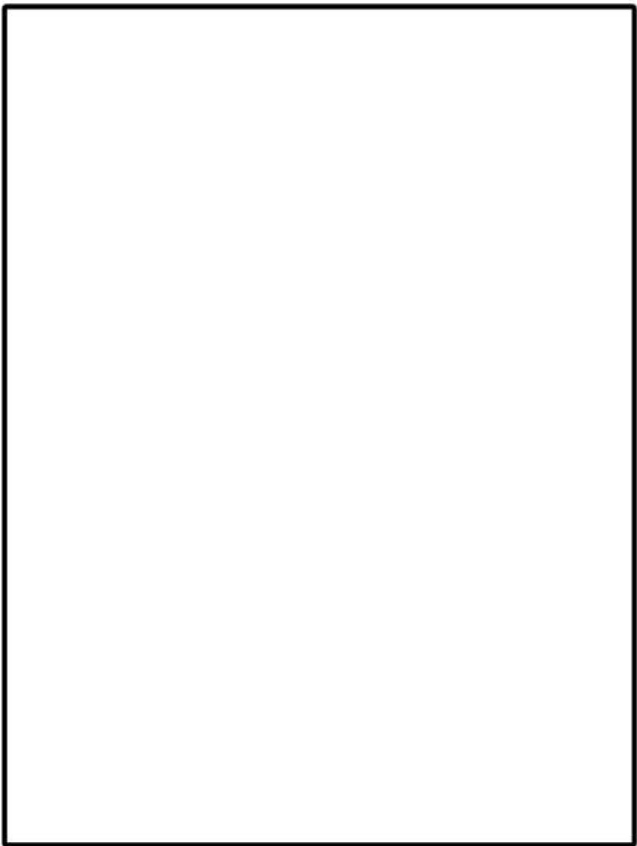
- *What was the event?*
- *What happened?*
- *What feelings rose?*
- *How did it happen?*

## **Climax/Ending**

- *How was it solved?*
- *What are the lessons?*
- *How did the characters feel at the end?.*



# Plan



# Compassion

Safa  
15 years

## COMPASSION

You are born to fly  
You are made for each other

If anything stops you, you can try  
When your heart and brain says

Everyone in the world say 'My'  
No one is for anyone other

But you could sympathise  
Love, and help the nature

And the world, as it do not deserve it  
But you want to change them

And make them stand by  
as you would be rewarded for

By the God!



# Compassion

**Safa**  
**15 years old**

**You are born to fly,  
You are made for each other.**

**If anything stops you, you can try when  
your heart and brain says.**

**Everyone in the world say 'My'  
No one is for anyone others.**

**But you could sympathise love and help  
the nature.**

**And the world, as it does not deserve to  
But you want to change them.**

**And make them stand by  
As you would be rewarded for**

**By the God!**

# Talha

*Eman*

*14 years old*

Once upon a time, there was a boy whose name was Talha. He was rich, but he was disappointed with his life because his mother had died, he would rather not live anymore. He became depressed and felt alone.

One day, he went for a walk on the street at midnight. It was winter and he was deeply thinking. He had gone far away from his home and stopped on the bridge. Talha started looking towards the river and after some time, he heard the voice of crying, a girl crying. He asked the girl what was wrong.

The girl told him that her mother was ill, and she had no money for her mother's treatment. Talha then asked her to be confident and not to worry about her mother and she had become better soon. The boy was sympathetic towards the girl and recalled the atmosphere he underwent. Talha helped the girl by giving her money for her mother's treatment and helped her every month on his own.

# Jalha

*Eman*

*14 years old*

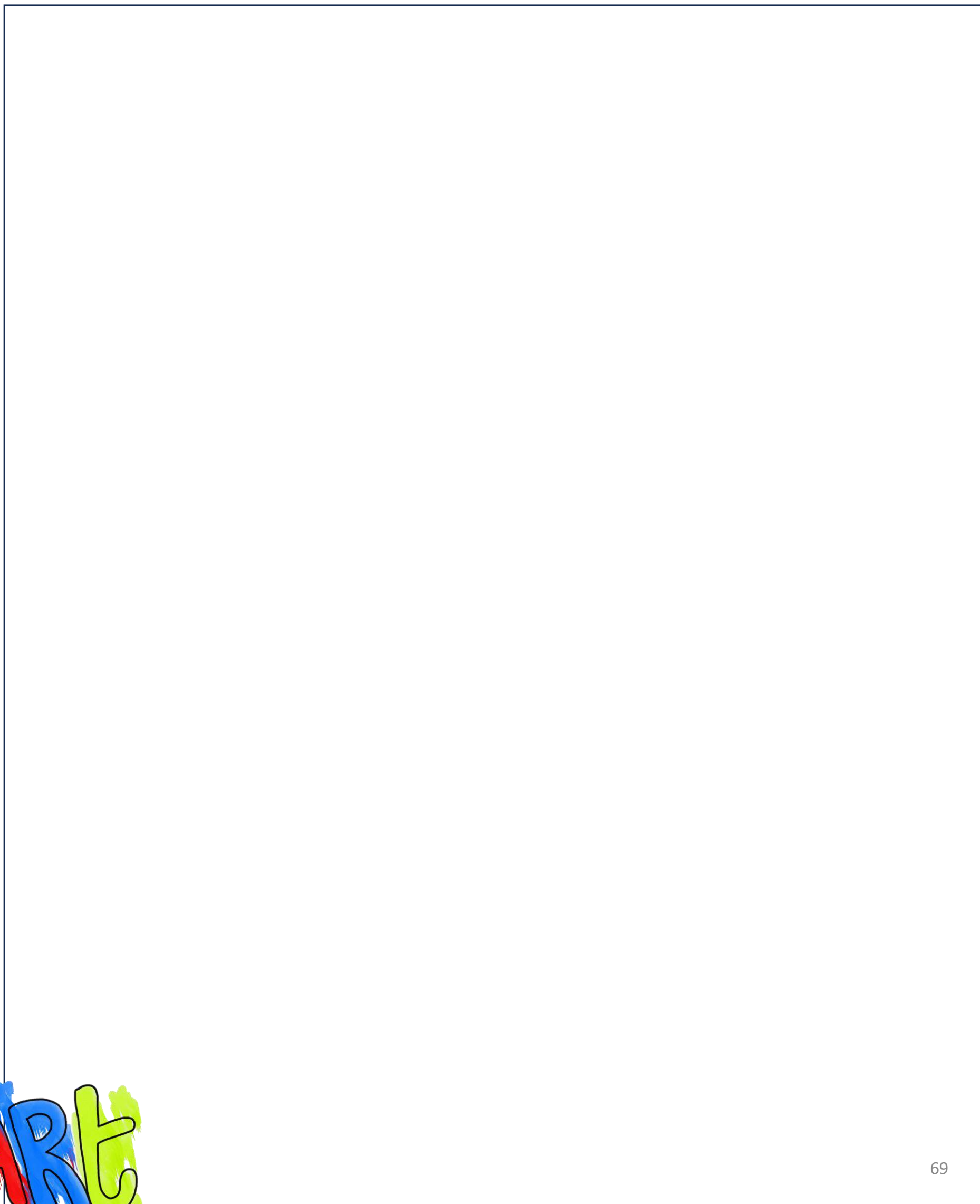
Although he did feel alone some time because of his mother's death. However, he felt happy for having his father and he thanked Allah (The Most High) for having money that he could help others using it.

He felt satisfied that compassion was his strength, and it would help him to make new friends. One day, he would be able to meet his mother in Jannah and thereafter, he never becomes upset.

# Fun



**Draw an image that presents  
what compassion means to you**





# Can you guess the language that Compassion is written in?

Compassion phrase	Language
apitoiement	
compasión	
compassione	
思いやり Omoiyari	
Mitgefühl	
عطف	
medeleven	
同情 Tóngqíng	
همدردی	
ਹਮਦਰਦੀ Hamadaradī	
merhamet	
सहानुभूति Sahānubhūti	
kasih sayang	
belas kasihan.	
இரக்கம் Irakkam	
הלמה	
συμπόνια sympónia	
compaixão	
medkänsla	
myötätunto	
compasiune	
сострадание	
saosećanje	



MASJID AL FALAAH  
KOKNI MUSLIM ASSOCIATION BIRMINGHAM

# KARATE CLASSES

Saturday & Sunday.

8:55am to 9:55am - Kids 1 (age 4 to 7)

10am to 11am - Kids 2 (age 8 to 10)

11:15am to 12:15pm - Teens/Adults (11+)

First lesson is FREE

Learn effective fighting and self defence

Striking and Grappling



@downtownkarate



07387081998

Sensei Siraj



## **333 MAF Scouts**

**Masjid Al-Falaah is one of the most vibrant and active mosques in the Birmingham where they provide a range of community initiatives to help others.**

**One of their programmes is the Beavers and Cubs 333 MAF Scouts where young people are taught to learn and develop new skills to become a beacon of hope for the local community.**

**The activities are surrounded by three values: Integrity, Respect and Care.**

**The Scouts began in 2022 and their volunteers have underwent essential Scouts training, first aid training and have organized a range of projects that include summer camps, homeless shelters, field trips, calligraphy, culture, interfaith and art projects.**

**To get involved please email: [scouts@kmab.org.uk](mailto:scouts@kmab.org.uk)**





# Wordsearch

Are you able to find the words in this wordsearch?

I N C R E L I V L F I X V E H  
N O O G T C P N M N J P C D A  
T I M R Y X A R T J I A W W A  
E T P Z T I A E N E E Q A U M  
G C A Y B R C R P P N R H Z E  
R E S P T M L A S R E T Z W R  
I N S P C O A C W N N X I E X  
T N I H V K B L E U I L Y O N  
Y O O E N G I S S T L L J X N  
H C N K W E S Y T I N A M U H  
S A C R I F I C E U L A V G Q  
G N I D N A T S R E D N U I Q  
S U S T A I N A B I L I T Y C  
G F I M P K Q A H K X J Q Q F  
M Q V P K N J I M F W H U D K

**Compassion**

**Love**

**Humanity**

**Islam**

**Care**

**Peace**

**Sacrifice**

**Intention**

**Integrity**

**Understanding**

**Connection**

**Sustainability**

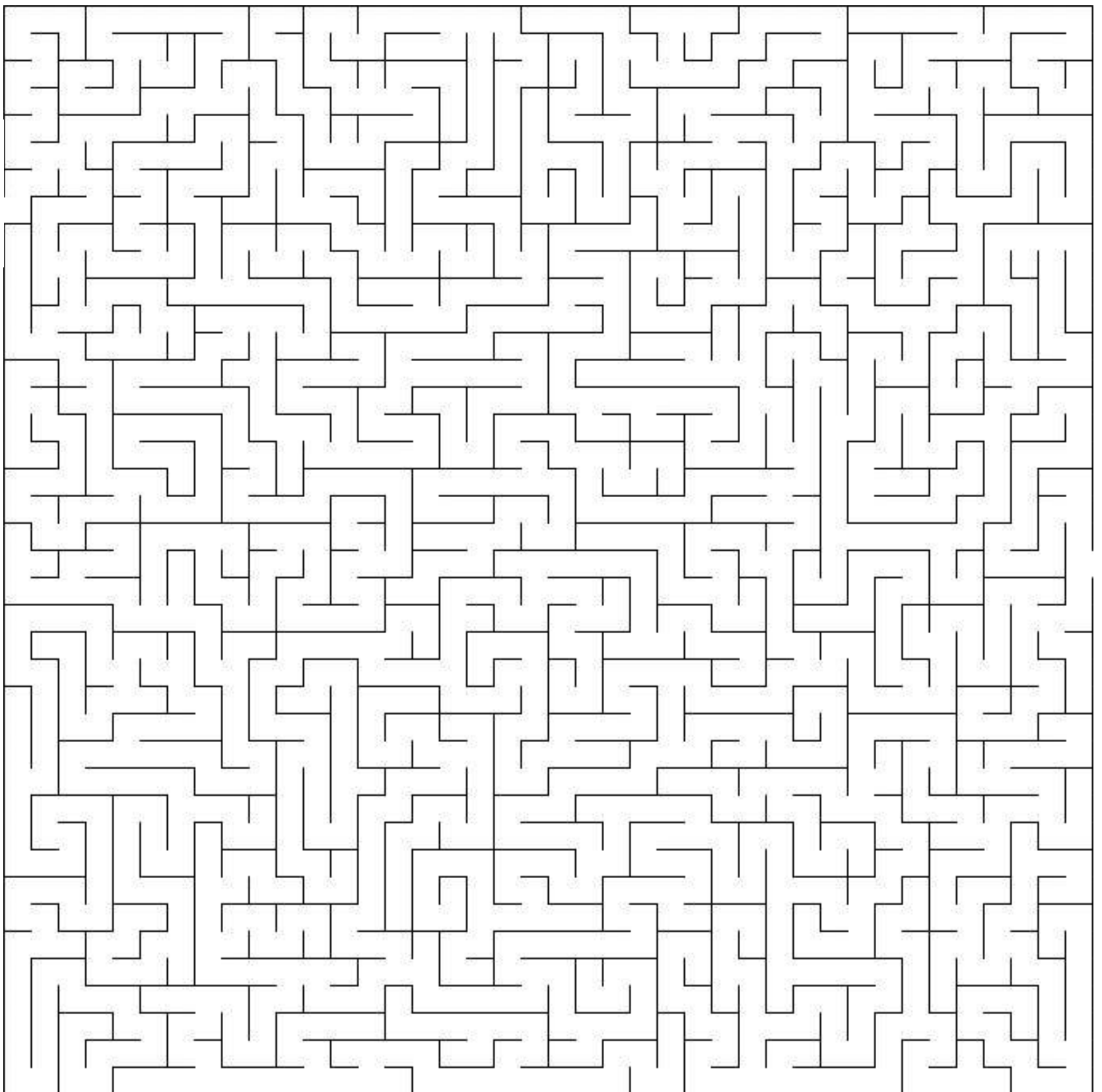
**Awareness**

**Value**

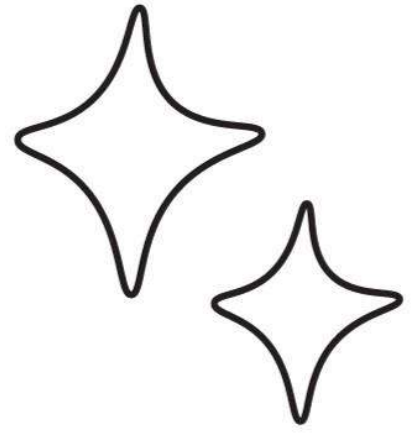
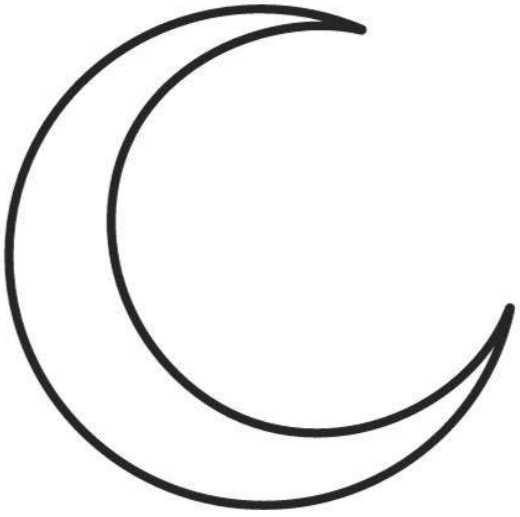


# Flower Maze

Tisha and Imaan have entered a garden maze. Please help them reach the florist shop that is found at the end of the maze.



# COMPASSION



# ***Jigsaw Puzzle***

***Take care***

**OF**

***Each other***

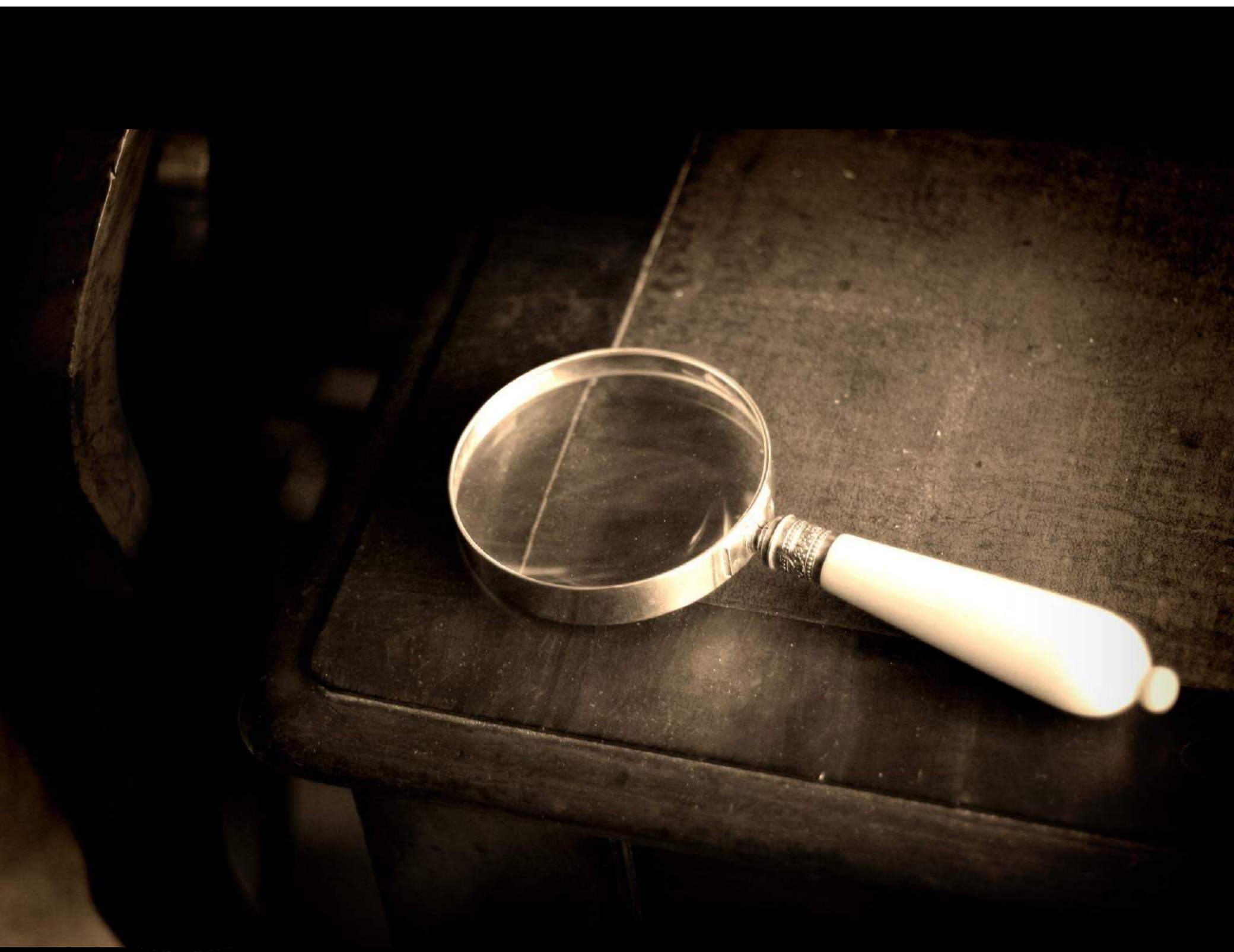


COMPASSION

# Are you able to figure out the hidden message?

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
		8																23							

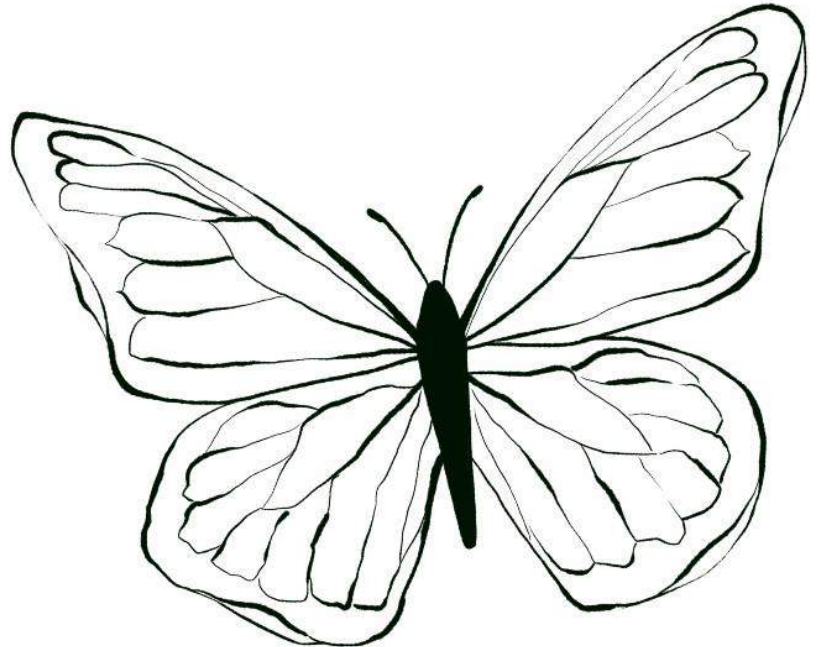
8 13 15 25 4 23 23 10 13 9 4 20 7 10 23 20 6 7 4 17 10 11 10 20 22  
20 13 21 9 19 7 3 23 20 4 9 19 3 7 23 25 7 8 20 4 9 19  
4 11 11 7 26 10 4 20 7





# COMPASSION

• Colouring page



*“The purpose of human life is to serve, and to show compassion and the will to help others.”*

*Albert Schweitzer*







*Allah will not be merciful to those  
who are not merciful to the people.*

***By Maleeha***

"He who is deprived of kindness  
is deprived of goodness."

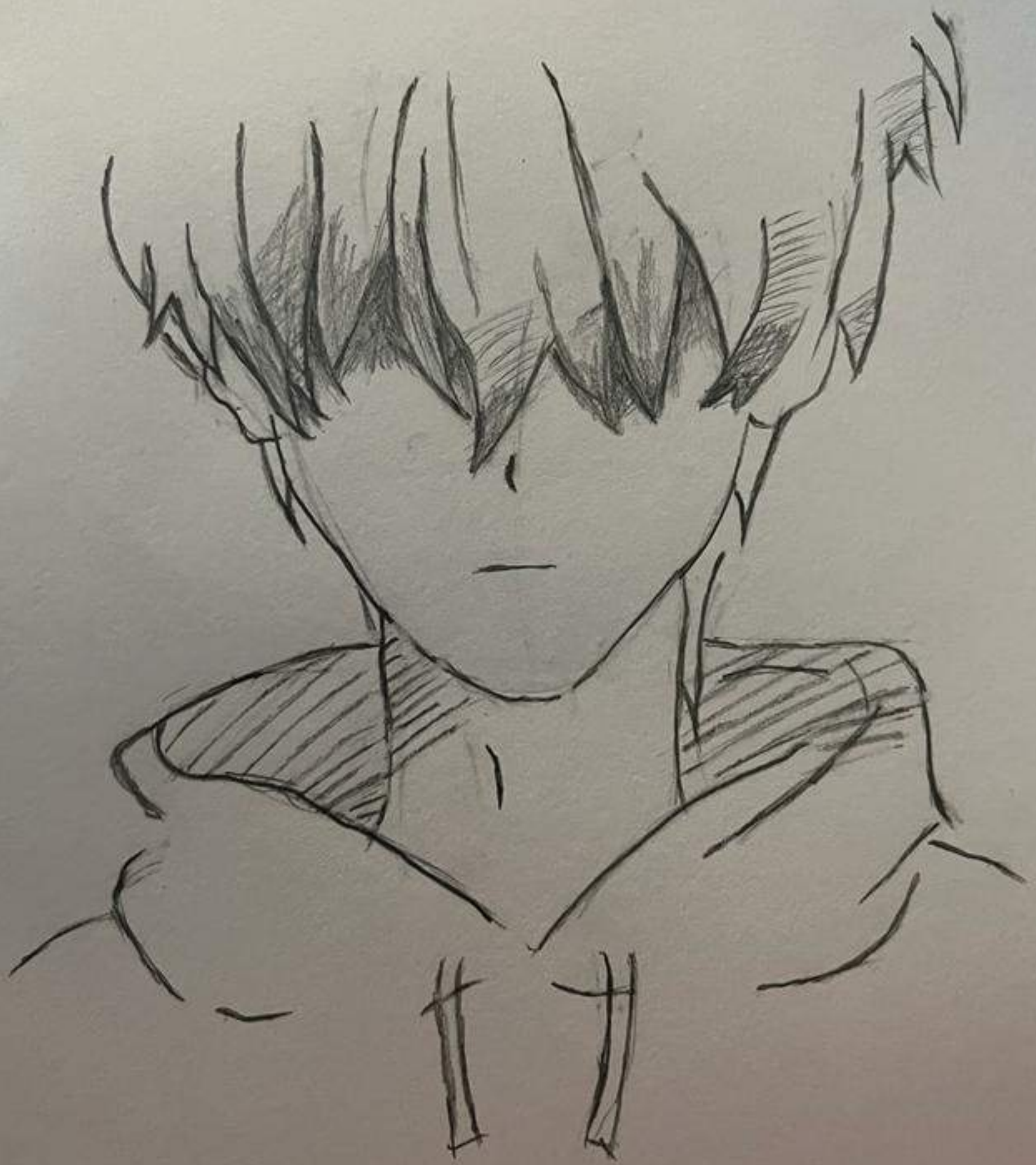
Sahih Muslim



***By Hadeeqa***

**The  
Compassionate  
Prince**

***By Eyad***



# *Little Farah Magazine*

COM  
PASSION

A FREE, ANNUAL MAGAZINE FOR KIDS AGED  
5 TILL 16

WHAT DOES *Compassion*  
MEAN TO YOU?